

Erin Small ANR Agent  
Prince Edward Extension Presents

# Field to Vase



Virginia Tech • Virginia State University

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# Content Synopsis

## TODAY'S AGENDA

Growing Zinnias and Sunflowers  
The Art of Flower Arrangement  
Choosing Flowers  
Flower Care Tips

# Growing Zinnias and Sunflowers

## Step 1: Choose a Flower Bed Site

### ZINNIAS & SUNFLOWERS

- Prefer at least six hours of direct sun
- Well drained soils
- Should bloom 8-12 weeks after sowing
- Plants are usually spaced 6 to 18 inches apart, so ensure adequate space is provided





# Growing Zinnias and Sunflowers

## Step 2: Preparing the Flower Bed





# Growing Zinnias and Sunflowers

## Step 3: Sow Seeds





# Growing Zinnias and Sunflowers

## Step 4: Space Seeds

- As your seeds emerge, they will need to be spaced to the adequate recommendations according your seed packet



# Growing Zinnias and Sunflowers

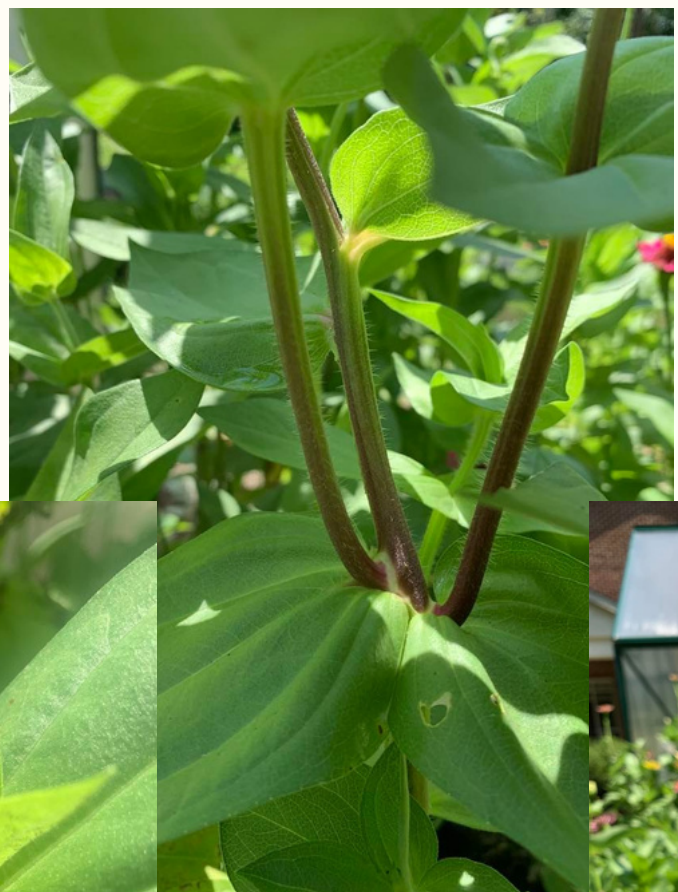
## Step 5: Pinching

- Both sunflowers and zinnias can be pinched. It is more commonly seen in zinnia production.
- Pinching encourages branching, longer stems, and more blooms.
- If you are looking for a low flower border, rather than long vase-length stems, you need not pinch.





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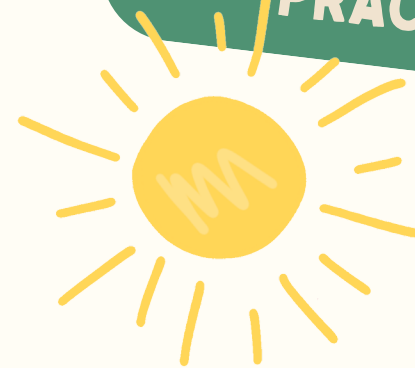


# Growing Zinnias and Sunflowers

## Step 6: The Wiggle Test



**LET'S GO OUTSIDE &  
PRACTICE!!**



# Varieties of Zinnias



*Zinnia elegans*: The most widely known species & widest range of flower size

Dreamland

Thumbelina

Envy

Queen

Giant Cactus

Zinderella

Magellan

Ruffles

Oklahoma

Swizzle

Benary's Giant

Whirligig

so many more....



# Zinnia Diseases

Looking for a cause??



Is there poor air circulation & uneven moisture?

## Powdery Mildew

Causes: overcrowding, drought, dampness, or cool weather

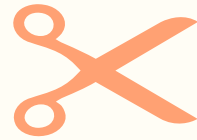


**Gray Mold, Leaf Blight, and Root Rots attack zinnias as well.**





# Zinnias: Cut and Dried Flowers



Last 1-2 weeks in  
vase with proper care



Change water to  
avoid algea growth



Double flowers are best  
for drying. Hang in  
bunches out of direct light



# Sunflower Development

Sunflower Stage	Plant Description	Average GDD <sup>1</sup> units from planting and days from planting	
		GDD Units	Days
VE	Emergence	206	10
V4	4 true Leaves	347	20
V8	8 true Leaves	487	28
V12	12 true Leaves	627	34
V16	16 true Leaves	767	38
V20	20 true Leaves	908	44
R1	Miniature terminal bud	1,048	46
R2	Bud <1" from leaf	1,188	61
R3	Bud >1" from leaf	1,328	67
R4	Bud open ray flowers visible	1,469	71
R5.1	Early flower	1,609	73
R5.5	50% flowered	1,749	77
R6	Flowering complete	1,889	84
R7	Back of head - pale yellow	2,030	86
R8	Bracts green - head back yellow	2,170	104
R9	Bracts yellow - head back brown	2,310	119

<sup>1</sup>Sunflower growth and development respond to heat units similar to corn and several other crops. In sunflower, the base temperature of 44 F is used to determine growing degree days (GDD). The daily GDD formula is:  $GDD = [(daily\ maximum\ temperature + daily\ minimum\ temperature) \div 2] - 44\ F$ . Source: North Dakota Agricultural Weather Network

## Vegetative Stages



True leaf — 4 cm



V-12



V-E



V-2



V-4

## Reproductive Stages



R-1



R-2



R-3



R-3 Top View



R-4 Top View



Less than 2 cm



More than 2 cm

R-2

R-3



R-5.1



R-5.5



R-5.9



R-6



R-7



R-8



R-9



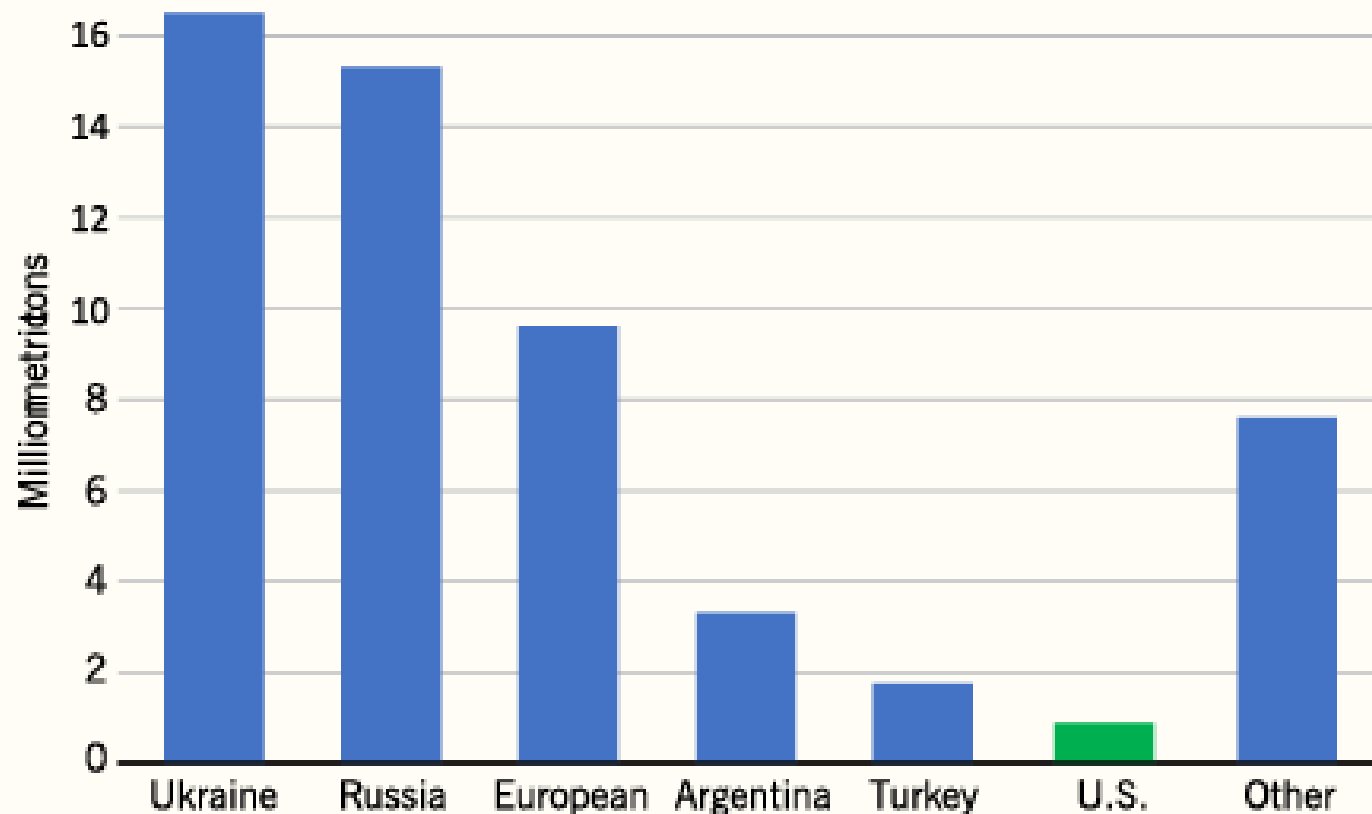
## Sunflower Production Guide — Publications

The sunflower production guide...

ag.ndsu.edu



# Global Production



- **Native to North America**
- **Commercialization of the plant occurred in Russia**
- **Sunflower oil is the most preferred in Europe, South American countries, and Mexico**
- **The countries listed in the chart above produce about 86% of the world's oilseed and nonoilseed sunflower**




**Sunflower Production Guide — Publications**

The sunflower production guide...

[ag.ndsu.edu](http://ag.ndsu.edu)


# Water Requirements for the Sunflower



Deep roots from depths unreached by most other crops, which is why it is viewed as drought-tolerant.




Effective root depth of 4 feet, but can remove water from below this depth




More efficient at extracting water than corn from an equal root zone volume, but corn has greater water use efficiency



Effective root depth of 4 feet, but can remove water from below this depth



Good crop in rotation as it uses N and other nutrients that leach below shallow-root crops



Fertility has little influence on total water use, but as fertility increases, water use efficiency increases because yield increases



**Sunflower Production Guide — Publications**

The sunflower production guide...

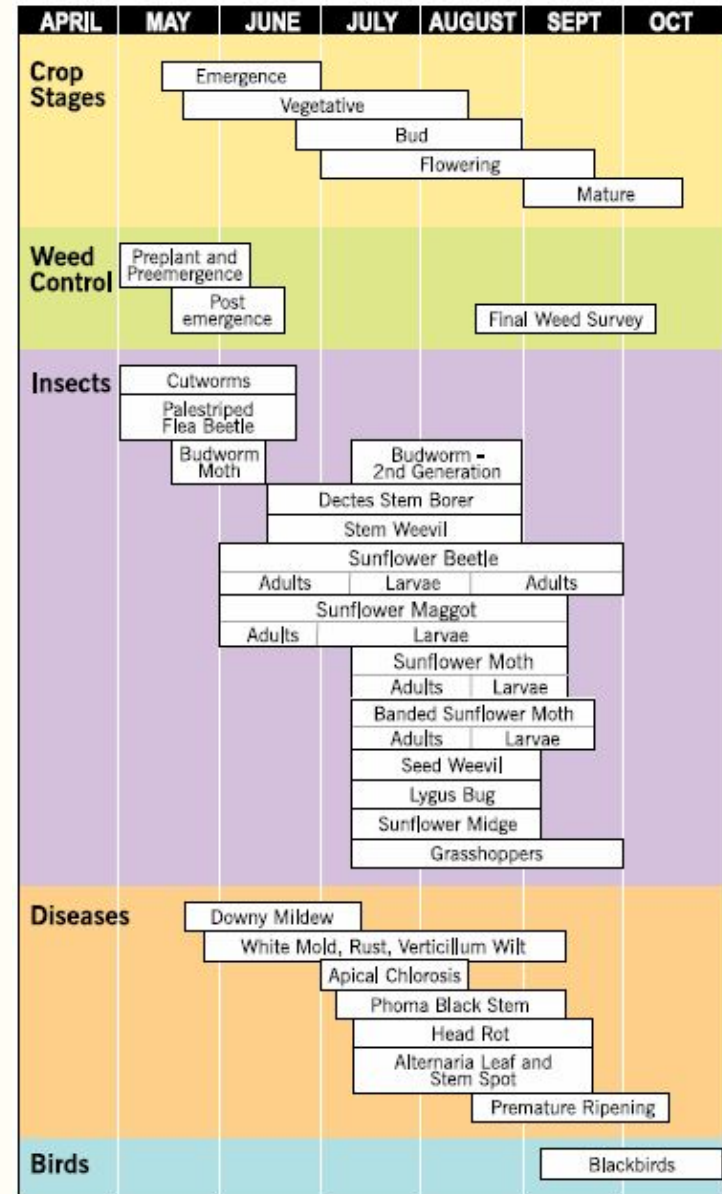
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*Just to name a few of the many sunflower pests...*





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If a flower doesn't  
grow, change the  
environment not  
the flower.





# The Art of Flower Arrangement





# Materials Needed

- **FOCAL FLOWER, FILLER FLOWERS, LINE FLOWERS**
- **SHEARS**
- **CONTAINER**

WATCH AND LEARN

# Tent Method







## WHY DO FLOWERS DIE PREMATURELY IN YOUR VASE?

- Stem diameter and thickness
- Genetics
- Inability of the stem to absorb water
- Lack of carbohydrates
- Excessive transpiration
- Bacterial growth and disease
- Ethylene gas
- Improper surrounding conditions

# Ethylene Gas

## NATURALLY OCCURRING PLANT HORMONE

- INVOLVED IN THE AGING PROCESS
- RELEASED AS AN ODORLESS, COLORLESS GAS
- EXTREMELY HARMFUL TO CUT FLOWERS
- PRODUCED BY RIPENING FRUIT & VEGETABLES, DECOMPOSING PLANT MATERIAL, BACTERIA, AND BURNING OF GASOLINE, DIESEL FUEL, FIREWOOD, AND TOBACCO





# How to stop flowers from dying:

## DIY FLORAL PRESERVATIVES

- Baby aspirin
- Drop a copper penny into the water....  
The copper is an acidifier and decreases the pH of the water
- 1 tsp sugar, 1 tsp bleach, 2 tsp lime or lemon juice, 1 qt lukewarm water





# Proper Flower Care

## CUTTING

Recut stems every time you change the water

## PRUNING

Prune wilted leaves or flowerheads from arrangement

## WATERING

Change water every few days, or more often as needed





# Resources

<https://pnwhandbooks.org/plantdisease/host-disease/zinnia-powdery-mildew>

<https://www.missouribotanicalgarden.org/gardens-gardening/your-garden/help-for-the-home-gardener/advice-tips-resources/pests-and-problems/diseases/fungal-spots/alternaria-blight.aspx>

<https://www.ag.ndsu.edu/publications/crops/sunflower-production-guide>



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